Reading Autumn TUESDAY WEDNESDAY THURSDAY FRIDAY **MONDAY** Winter Menu 24/25 CHICKEN **WEEK ONE** Roast Chicken with SHACK Fishfingers or Cheese and Tomato Beef Cottage Pie Roast Potatoes and Salmon Fishfingers with **OPTION ONE** Pizza with Potato Wedges With Gravy Gravv Lemon & Herb or BBQ Chips & Tomato Sauce 04/11/2024 Chicken 25/11/2024 or Quorn NEW Creamy Chickpea & 🎾 Mexican Fajitas Vegan Sausage Mexican Bean Roll with with New Potatoes **OPTION TWO** 16/12/2024 with Roast Potatoes with Rice Coconut Curry with Rice (§) Chips & Tomato Sauce and Gravv 03/02/2025 Peas & Cauliflower & Fresh Mixed Seasonal Sweetcorn Salsa & Peas & 03/02/2025 SIDE Sweetcorn Green Beans Rainbow Slaw Beans Vegetables 24/03/2025 Blackberry and Apple Fruit Salad Chocolate & Apple Sponge Apple Flapjack Chocolate Orange Cookie **DESSERT** Crumble with Custard French Bread Cheese and **WEEK TWO NEW** Chicken Pasta Bake Roast Turkey with Roast Chicken & Sweetcorn Pie with Fishfingers with Chips & Tomato Pizza Tomato Sauce **OPTION ONE** with Garlic Bread Potatoes and Gravv a Puff Pastry Top with Wedges with Mash Potato 11/11/2024 Roast Quorn Vegan Fillet 02/12/2024 Cheesy Bean Pasty **NEW** Mild Mexican Chilli Chinese Vegetable Veggie Balls with **OPTION TWO** with Roast Potatoes and with Chips & Tomato with Rice **Noodles** Mash Potato and Gravy 06/01/2025 Gravy sauce 10/02/2025 SIDE Peas & Broccoli & Fresh Mixed Seasonal Carrots & Peas & 10/03/2025 Sweetcorn Carrots Vegetables Spring Greens Beans 31/03/2025 Peach Cake Marble Sponge Cake with Jelly with Mandarins **DESSERT** Fruit Salad Oaty Cookie Custard & Ice Cream **WEEK THREE** Roast Chicken with Roast Beef Burger with Tomato Breaded Fish with Chips & Macaroni Cheese With **OPTION ONE** Potatoes and Gravy Relish & Wedges Tomato Sauce Garlic Bread **NEW** Mild Caribbean Chicken with Rice and Peas Cheese and Tomato Lentil and Sweet Potato **NEW** Caribbean Butterbean Vegan Burger with Tomato BBQ Quorn Vegan Fillet **OPTION TWO** Quiche with Roast Curry with Rice Stew with Rice and Peas Relish & Wedges with Chips Potatoes 24/02/2025 Carrots & Fresh Mixed Seasonal Peas & SIDE Mixed Salad Mixed Salad Green Beans Vegetables Beans Chocolate and Beetroot Sticky Toffee Apple Crumble Fruit Salad Jelly with Peaches & Ice Vanilla Shortbread **DESSERT Brownie** with Custard Cream ALLERGY INFORMATION: MENU KEY Added Plant Power If you would like to know about particular allergens in foods please Wholemeal Vegan ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked Monday-Wednesday-Friday: to complete a form to ensure we have the necessary information Freshly Cooked Jacket Potatoes with either Cheese. Baked Beans or Tuna-Mayo served with Salad. to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is **Tuesday-Thursday:** not possible to completely remove the risk of cross contamination.

Pasta with a Tomato Sauce served with Salad
Available Every Day:
Freshly Baked Bread - Salad Selection are available for all meals
A choice of Yoghurt & Fresh Fruit available daily

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